



## Gluten Free Menu

Please inform us when ordering from this menu

Nibbles; Selection of olives (v) £4.50 ~ Mixed nuts (v) £3.50 ~ Sun dried Tomatoes (v) £3

### Starters

Gluten free bread, with mixed olives, sun-dried tomatoes, and nuts (v) £9.50

Burrata with basil pesto, and gluten free bread (v) £8  
creamy burrata cheese from Naples (limited availability)

Terrine of ham hock, chicken & leek, with piccalilli and house baked bread £9

Creamy garlic mushroom Risotto (v) £8

Classic Prawn salad, with Marie Rose sauce £8

### Mains

10oz Rump Steak, served with chunky chips, a grilled tomato, rocket leaf  
& peppercorn sauce £25

Pan fried seabass, crushed new potato, tenderstem broccoli & green beans served with  
lemon hollandaise sauce £18

Duck Breast (served pink) served with hassle back potatoes, caramelised red cabbage,  
green beans and Jus sauce £20

Vegetable bake: Tomato base with roasted red peppers, roasted aubergine and red  
onions baked with fior di latte cheese and served with hassle back potatoes (v) £16

Mussels in a creamy white wine sauce & served with fries & gluten free bread £16

frutti di mare (mussels, prawns, tossed with creamy gluten-free pasta) £16.50

Creamy garlic Mushroom gluten-free Pasta (v) £14 (Add pulled chicken and crispy  
parma ham £3.50)

Tomato Risotto; San Marzano tomatoes, olives, red onion & roasted red peppers (v) £14

Sides (v) £4 (each): chunky chips - Fries - mixed salad -selection of vegetables -mushrooms

### Sharing Steak platter for two; £45

Thinly slices of rump steak, served with a rocket & parmesan salad, chunky chips,  
selection of vegetables, grilled tomatoes & jugs of peppercorn sauce.

Extras: add creamy baked mushrooms £4 + add creamy white wine mussels £8  
+ add Extra thinly sliced steak £8 + add a glass of house wine (175ml) £5



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Little info regarding Gluten Free Pizza; Our gluten free pizza bases are premade by our Italian supplier, A Di Maria & Sons, **Please also add £2.50 for gluten free base.** All our pizzas are cooked in our 'zio ciro' pizza oven, every precaution is taken when preparing your GF base, and is cooked on a separate tray. Please be aware that all food is prepped & cooked in the same kitchen where gluten is highly present.

## Pelgraves Pizzas Gluten free base £2.50

**Add a Burrata** (creamy burrata cheese from Naples limited availability) **to any pizza £5**  
Margarita (v\*); San Marzano Tomato sauce, fresh basil, aged parmesan, extra virgin olive oil & fior di latte mozzarella cheese (if \*V, is required please ask for **no** parmesan) £11

Pepperoni; our traditional margarita with pepperoni £13

Ham and Mushroom; our traditional margarita with prosciutto ham & mushrooms £13  
(Can be served just mushroom V\*) or just ham £12.50

Meat lovers; our traditional margarita, pepperoni, \* salami (may contain rusk) and prosciutto ham £15

'Clucking good'; traditional margarita, with pulled chicken, grilled peppers, red onion £14

Veggie (v\*); our traditional margarita, red onion, mushrooms, roasted aubergine & peppers (if \*V, is required please ask for **no** parmesan) £13.50

Jens 'BRIElliant' (v); Garlic butter base, brie, fior di latte mozzarella, caramelised red onion chutney, & red onion £14

Basil pesto; our perfected basil pesto oil base, with roasted aubergine, mixed olives, and red onion served with a burrata £15

## Desserts (v)

Long Eaton Mess, with strawberries, meringue, and Chantilly cream £8

Warm Gluten free chocolate brownie with whole milk ice cream £8.50

Berry Sundae; Cherry ice cream, strawberry & raspberries, Chantilly cream & meringue £7.50

3 scoops of Ice Cream £6

Affogato; A scoop of whole milk ice cream with a shot of espresso coffee (v) £6

**"Legalise it"** add a shot of your favourite liqueur (from £3.65)

Please be aware our food is cooked and prepped in the same kitchen where gluten is highly present. some dishes accompaniments may change due to supplies availability. For any **Food Allergies and or Intolerances**, please inform us, (v) indicates vegetarian. (gf) indicates gluten free.